

AUGUST 25-30|2025

KUSHI-LING MEDITATION CENTER
via alle Fontane di Laghel 44 - Arco (TN)


THE DISCIPLINE OF AUTHENTIC MOVEMENT

ADVANCED INTERNATIONAL RETREAT

ENGLISH

for experienced professionals and practitioners,
who have practiced the Ground Form:
dyad, triad, breathing circle

with Marcia Plevin,
faculty :Art therapy Italiana, Inspiress Institute, Circles of Four



OUR FOCUS WILL BE COLLECTIVE
BODY CONSCIOUSNESS
IN RELATIONSHIP TO UNITY
CONSCIOUSNESS FOUND
IN NATURE

The center is situated in a beautiful and stimulating environment conducive to practice both inside and outside of the large airy studio. We will deepen perception of our response to nature which will enrich our inner and outer witness practice in the studio. Together with the Discipline of Authentic Movement as developed by Janet Adler Vipassana Buddhist practice will be introduced as part of the practice. Our focus will be on collective body consciousness in relationship to unity consciousness found in nature. Within our study and practice there will be an introduction to the teachings of Circles of Four mystical practice. We will take a half day trip to a Lake Garda which is in the vicinity of the center.

Marcia Plevin, American DMT-BC-DMT, member and supervisor of APID, psychologist, teacher and supervisor DMT training Art Therapy Italiana, Program director Chinese Inspirees Creative Movement program. A member of a Vipassana Buddhist sangha for many years, she has found similar routes to deepening consciousness in both practices. Author of numerous articles in specialised journals of dance movement therapy and Authentic movement. A member of the Faculty of Discipline of Authentic Movement Circles of Four.

For those AM practitioners who have not worked with Marcia Plevin previously, please send a CV to the address below. A zoom or skype interview is requested before registration. Please write or send a whatsapp to set up an interview.

CONTACT INFO marciaplevin@gmail.com | Tel +39 34 77143878

COST OF RETREAT

Regular Registration is 500 euro. Early Bird is 450 euro.
Early Bird Registration ends 31 March 2025 with a deposit of 70 euro sent to Kushi-ling.
Last day of registration 15 of May a deposit of 70 euro is requested as well.
There is a limited number of participants.

HOW TO REGISTER:

Send an email to pema@kushi-ling.com, specifying name of the retreat, your name and surname, email, telephone number, postal address and if possible the room you prefer.

Payments of the deposit and course fee can be made after January 1st to:
Centro Kushi Ling - Banca Popolare dell'Alto Adige, Arco
IBAN: IT89 Z058 5634 3100 7857 1082 595
BIC: BPAAIT2B078

If you have questions about registration contact Kushi-ling via email | pema@kushi-ling.com
Other information about retreat contact Marcia Plevin | marciaplevin@gmail.com

Room and Board is paid directly to Kushi-ling upon arrival.
A complete daily cost per person is as follows:

Tent or sleeping in the studio > 42 Euro
Room with 3 or 4 beds > 57 Euro
Room with 2 beds > 60 Euro
Room with 2 beds and bathroom 65 Euro
Room with 1 bed > 75 Euro
Room with 1 bed and bathroom > 78 Euro
There is a 1,50 euro tourist tax per day
Annual membership required for Kushi-Ling is 25 Euro

Within a month of registration you will be contacted by Marcia Plevin

KUSHI-LING, Via alle Fontane di Laghel, 44 38062 Arco (TN) - ITALY
+39 0464 356644 | +39 347 2113471 | PEMA@KUSHI-LING.COM